

BIKE TO WORK ONE DAY A WEEK

Save up to 297 kgs of emissions per year.*

Visit livelightly.nz/move to find out more!

*Based on replacing the average car commute to work.

**LIVE
LIGHTLY**



TIME YOUR SHOWER TO YOUR FAVOURITE 4 MINUTE SONG

Save \$320 a year* on your electricity bill!

Visit livelightly.nz/energy

*Savings are based on an average New Zealand family of three, per year

**LIVE
LIGHTLY**



TRY PLANT-BASED ONE DAY **A WEEK**

Save up to 73 – 146kg* of emissions per year!

Visit livelightly.nz/eat to find out more!

*Based on switching out meat for 1-2 vegetarian meals per week. Source: Drew et al, 2020.

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LIGHTLY**



HOW LARGE IS YOUR IMPACT ON THE PLANET?

Take the quiz at futurefit.nz to find out!

LIVE LIGHTLY

Emily's carbon footprint is 7^T



GET INVOLVED IN A LOCAL CLIMATE GROUP

Talk to friends and family. Use your voice to support climate action in your community.

Visit livelightly.nz/community-groups

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LIGHTLY**



JOIN A COMMUNITY GROUP AND SUPPORT EACH OTHER IN TIMES OF NEED

Join a local group or create an Eco-Neighbourhood to share resources and take climate action.

Find out more at

livelightly.nz/community-groups

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PROTECT YOUR HOME KNOW YOUR FLOOD RISK

Many homes in Tāmaki Makaurau are at risk of future floods.

Want to know how to reduce flooding?

Visit aucklandcouncil.govt.nz/floodviewer

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LIGHTLY**

